



**ACE RMO Intake
2026 Training Year
Nelson Marlborough
Health New Zealand
Employer Information Sheet**

Health New Zealand
Te Whatu Ora

Contents

Nelson Marlborough District – Nelson Hospital	3
Contact	3
Why Nelson Hospital?.....	3
Attractions to the Region.....	3
Selection Criteria	3
Positions Available.....	3
PGY1 Runs.....	3
PGY2 Runs.....	4
Late Starts.....	4
Vocational Training.....	4
Regular House Officer Teaching.....	4
Rosters.....	4
PGY1 Average Salary	4
Nelson Marlborough District – Wairau Hospital.....	5
Contact	5
Why Wairau Hospital?	5
Attractions to the Region.....	5
Selection Criteria	5
Positions Available.....	5
PGY1 Runs.....	5
PGY2 Runs.....	5
Late Starts.....	6
Vocational Training.....	6
Regular House Officer Teaching.....	6
Rosters.....	6
PGY1 Average Salary	6

Nelson Marlborough District – Nelson Hospital

Contact

Loretta Matheson: RMO Team Lead

Email: Loretta.Matheson@nmhs.govt.nz

Phone: 03 546 1875

Website: [Nelson Marlborough](https://www.nelsonmarlborough.govt.nz)

Why Nelson Hospital?

- Nelson is a neat close knit hospital that offers a greater level of clinical experience and is located at the top of the South with good weather throughout the year
- Nice city/beaches/national parks
- Great kayaking, mountain biking, rock climbing, tramping
- Friendly hospital
- Supportive Consultants and Registrars who are keen to teach
- Lots of 1:1 learning
- Lots of hands on learning/ procedures e.g. ascetic drains, chest drains, intubation, time in theatre
- Lots of opportunities to be involved in frontline patient care
- Good opportunities to continue post grad training
- Very satisfying workplace
- 3 National Parks and a Forest Park within about an hour's drive containing approx. 90 backcountry huts
- Supportive and helpful RMO Unit

Attractions to the Region

- Lifestyle
- Beaches/Rivers
- Wineries/Breweries
- Mountain Biking, Kayaking, Tramping, Rock Climbing, Sea Swims, Cycle Races, Beach Volleyball etc
- Stable Consultant Staffing

Selection Criteria

- Mandatory Cover Letter. Would be nice to have a photo also.
- Applicant interview process conducted throughout the year and leading up to selection
- Consideration of ACE scoring
- Individual DHB selection criteria (e.g., studied in the region etc. You can work effectively/collegially in a small group)

Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2024.

PGY1 Runs

- General Medicine
- General Surgery + 1 run of General Surgery/Vascular
- Orthopaedics/Dental
- Orthopaedics
- Geriatrics
- Urology/ENT

- Psychiatry
- Gynaecology/Ophthalmology
- Cardiology
- General Medicine Run Relief Q3/Q4
- General Surgery Run Relief Q3/Q4
- General Relief Q3/Q4

PGY2 Runs

- As above +
- Anaesthetics
- Emergency
- Psychiatry
- O&G Diploma
- Paediatric Diploma
- Psychogeriatrics
- Community – Urgent Care, Hospice, GP and Community Psychiatry + GP Rural Takaka
- Relief

Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

Vocational Training

All specialties of General Medicine; Cardiology; General Surgery; Orthopaedics; Psychiatry; ENT; Paediatrics; Anaesthetics; O&G; Ophthalmology; Emergency; Paediatric Diploma and O&G Diploma.

Regular House Officer Teaching

- Tuesday Grand Round
- Wednesday two 45 minute teaching sessions 1200-12.45 and 1245-1330
- Thursday teaching sessions 1200-1300 - well-being subjects
- CORE (Advanced Cardiac Life Support) Courses
- Other miscellaneous courses e.g. PROMPT, Paediatric Life Support, Family Violence, Simulations, Neonatal Life Support, Serious Illness Conversation Guide

Rosters

Rosters vary across the specialties however to give you an idea:

- Generally, 1 long day per week (0800-2200)
- 1 in 4 weekends (one day long, one day short)
- PGY1's at present cover admission shifts 1430-2230 during the week and commence nights any time after six months
- 4/3 split nights and 10/4 roster

Weekend Rosters: Vary across specialties however to give you an idea:

- Ward Roster – on average 3 weekends per quarter
- ED Roster (PGY2 and up) 4-5 weekends per quarter

PGY1 Average Salary

Union dependent but at present a Category D.

Nelson Marlborough District – Wairau Hospital

Contact

Loretta Matheson: RMO Team Lead

Email: Loretta.Matheson@nmhs.govt.nz

Phone: 03 546 1875

Website: [Nelson Marlborough](#)

Why Wairau Hospital?

- Tight knit, supportive team
- Work top of scope with more hands on doctoring
- Great support from Consultants
- No two days are the same
- Huge potential for growing independence
- Senior House Officer/Registrar support continuing to grow
- Many opportunities to practice procedures
- Supportive and helpful RMO Unit
- Located in the stunning region of Marlborough, Blenheim is the gateway to the Marlborough Sounds, wither Hills Farm Park, Internationally acclaimed wineries and the Kaikoura Coast.

Attractions to the Region

- Lifestyle
- Beaches/Rivers
- Wineries/Breweries/Excellent cuisine and dining experiences.
- Mountain Biking, Kayaking, Tramping, Hiking, Rock Climbing, Sea Swims, Cycle Races, Marathons, avid team sports communities and much more.

Selection Criteria

- Mandatory Cover Letter. Would be nice to have a photo also.
- Applicant interview process- conducted throughout the year and leading up to selection
- Consideration of ACE scoring
- Individual DHB selection criteria (e.g., studied in the region etc, can work effectively/collegially in a small group)

Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2024.

PGY1 Runs

- General Medicine
- Orthopaedics
- General Surgery/ENT
- General Surgery/Urology
- AT&R
- Relief in 4th Quarter

PGY2 Runs

- As above +
- O&G/Paediatrics
- ED
- Relief
- Community – Urgent Care and GP. Possibly Hospice.

Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

Vocational Training

- Certificate in Emergency Medicine (PGY2+)
- Newly created Generalist Registrar Non-Training roles in various specialities

Regular House Officer Teaching

- Monday lunchtime – Paediatric Teaching
- Wednesday two 45 minute teaching sessions 1200-1245 and 1245-1330
- Thursday teaching sessions 1200-1300 - well-being subjects
- Advanced Cardiac Life Support
- Other miscellaneous courses e.g. Paediatric Life Support, Family Violence, Simulations

Rosters

Rosters vary across the specialties however to give you an idea:

- Generally 1 long day per week (0800-2200)
- 1 in 4 weekends (0800-2200 both days)
- 4/3 split nights and 10/4 roster

Weekend Rosters: Vary across specialties however to give you an idea:

- Ward Roster – on average 3 weekends per quarter
- ED Roster (PGY2 and up) 4-5 weekends per quarter

PGY1 Average Salary

Union dependent but at present a Category D.